



NEWS RELEASE

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BRAEMAR HOTELS & RESORTS TO HOST INVESTOR & ANALYST DAY

DALLAS, October 1, 2018 – Braemar Hotels & Resorts Inc. (NYSE: BHR) (“Braemar” or the “Company”) announced today that it will host an Investor & Analyst Day in New York City on Tuesday, October 2, 2018 at The St. Regis Hotel.

A live webcast of the presentation will be available at the Company's website at www.bhrreit.com. A one-year online replay of the Investor & Analyst Day presentation will be available approximately two hours following the conclusion of the live webcast.

Institutional investors and analysts interested in attending the Investor & Analyst Day are asked to contact Jordan Jennings at jjennings@ashfordinc.com.

Braemar Hotels & Resorts is a real estate investment trust (REIT) focused on investing in luxury hotels and resorts.

Ashford has created an Ashford App for the hospitality REIT investor community. The Ashford App is available for free download at Apple’s App Store and the Google Play Store by searching “Ashford.”

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