

NEWS RELEASE

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BRAEMAR HOTELS & RESORTS ANNOUNCES DATE CHANGE FOR THIRD QUARTER EARNINGS RELEASE AND CONFERENCE CALL

DALLAS, October 16, 2023, Braemar Hotels & Resorts Inc. (NYSE: BHR) ("Braemar" or the "Company") today announced that it is moving its third quarter 2023 earnings release and earnings conference call to one day earlier.

Braemar plans to issue its earnings release for the third quarter after the market closes on Wednesday, November 8, 2023, and will host a conference call on Thursday, November 9, 2023, at 11:00 a.m. ET. The number to call for this interactive teleconference is (646) 960-0284. A replay of the conference call will be available through Thursday, November 16, 2023, by dialing (647) 362-9199 and entering the confirmation number, 2925607.

The live broadcast of Braemar's quarterly conference call will be available online at the Company's website, www.bhrreit.com, on Thursday, November 9, 2023, beginning at 11:00 a.m. ET. The online replay will follow shortly after the call and continue for approximately one year.

Braemar Hotels & Resorts is a real estate investment trust (REIT) focused on investing in luxury hotels and resorts.

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